

Norfolk Prevention Network

5/4/16 Meeting Minutes

Attendance

C. Sparks, CSB; P. Myers, Bank On/Resilience Office; M. Sims, Teens with a Purpose; J. Shorter, NPL; S. Fabian, CHKD; S. Sterzing, CHIP; K. Fulton, Norfolk Commonwealth Attorney; L. Smith, Loving Steps; S. Boone, Holla; A. Boone, NCSB; S. little, KCBH; D. McDonald, Mediation Center; P. Wong, NDHS.

Welcome

Pam Wong presented the April meeting minutes for consideration, and there were no revisions. The Norfolk Parent Guide, a joint effort between the NPN and Juvenile Re-entry Council was distributed. Additional copies are available through the Prevention Unit @ NDHS.

Partnership For Success Grant

Claudia Sparks introduced Kim Brown, w/ Turnkey Consulting who provided an overview of the Partnership for Success Grant (PFS). Funded by SAMSHA, the purpose of the PFS grant is to reduce Rx drug and heroin overdoses in Norfolk. This is a 5 year, federal grant intended to sustain community wide and long-term change beyond the grant period. This is the 4th cohort of the grant. Top priorities include underage drinking, Rx drug misuse and heroin abuse.

The Strategic Planning Framework (SPF) is a model used in behavioral health initiatives to create community level outcomes, with a focus on community partnerships and coalition building. The SPF mobilizes resources for community action in the areas of prevention, treatment, recovery and awareness. Including parents and youth ages 12-25 is a critical component.

SPF is comprised of the following stages:

- Assessment
- Capacity Building & Training
- Planning
- Implementation
- Evaluation

The NPN is moving forward this year with the assessment phase, which will include data collection, surveys and focus groups. NPN members are encouraged to share ideas and get involved.

SAMSHA has identified Eight Dimensions of Wellness

1. **Emotional**—Coping effectively with life and creating satisfying relationships
2. **Environmental**—Good health by occupying pleasant, stimulating environments that support well-being
3. **Financial**—Satisfaction with current and future financial situations
4. **Intellectual**—Recognizing creative abilities and finding ways to expand knowledge and skills
5. **Occupational**—Personal satisfaction and enrichment from one’s work
6. **Physical**—Recognizing the need for physical activity, healthy foods, and sleep
7. **Social**—Developing a sense of connection, belonging, and a well-developed support system
8. **Spiritual**—Expanding a sense of purpose and meaning in life

SAMSHA has identified 12 community sectors whose involvement is required.

1. Youth
2. Parent
3. Health care
4. Law Enforcement
5. Private s/a treatment provider
6. Youth Serving Organizations
7. Business
8. Local government
9. Schools
10. Media
11. Civic organization
12. Faith based organization

Ms. Brown asked members to consider which sector they represent as part of the NPN and answered questions about the grant.

Next Steps

Norfolk will begin collecting data, convene a workgroup and host a community kick off over the summer. Archie Boone is the newly hired PFS Coordinator.

Announcements

NPL hopes to start a parenting initiative in conjunction with some of their youth programming.

Loving Steps announced a Men’s Clothing Closet and Fatherhood Summit.

TWP announced upcoming summer camps.