

City of Norfolk  
Virginia

# Proclamation

*WHEREAS, the City of Norfolk will host their 31<sup>st</sup> Annual Norfolk Senior Olympics May 12 – 15, 2014, and will have their Opening Ceremony and Parade of Athletes on May 14, 2014 on the campus of Old Dominion University; and*

*WHEREAS, the Norfolk Senior Olympics offers thirty competitive events, such as track and field, tennis, softball toss, swimming and golf, for over 400 Hampton Roads seniors age 50 and better; and*

*WHEREAS, Senior Olympians value fitness as a lifestyle and dedicate themselves to promoting a greater quality of life by staying healthy, active and fit; and*

*WHEREAS, residents of Hampton Roads, senior citizen organizations, healthcare professionals, and senior-serving businesses unite at this symbolic event to show the world that having an active, productive life while aging is a reality;*

*NOW, THEREFORE, I, PAUL D. FRAIM, Mayor of the City of Norfolk, do hereby proclaim May 12 – 15, 2014 as the*

## **2014 NORFOLK SENIOR OLYMPICS**

*in the City of Norfolk, and urge all citizens to join in the celebration and observance of this occasion and rejoice in the competition of our senior citizens.*

*Given under my hand this 23<sup>rd</sup> day of April, 2014.*



*Paul D. Frain*  
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PAUL D. FRAIM, MAYOR