

Chess (N.I.C.E) Program
 Every Wednesday
 beginning at 4:30 p.m.
 Learn Chess, Play Chess
 with others. Fun for the
 whole family!

Senior Walking Program-
 Monday-Friday 10:00-11:30

Homework Help-
 Mon- Thurs 3:30-4:30

Want to climb the
 Rockwall?

Set Up your
 appointment today!
 Just give us a 24 hour
 notice and enjoy your
 climb.

Bring your family
 & friends for only \$2 for
 a day pass.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Closed		4:30-5:30 p.m. Kids Game Room Tournaments 5:30-6:00p.m. Kids Stretching Class Teen/Adult 30 min Abs AND Mixed Fit 6:30-8:00p.m.	1 Senior Fitness 10:30-11:30 a.m. Kids Gym 4:30-5:30 5:30-6:30 p.m. Adult Line Dancing 5:30-8:30 p.m. Teens Gym Games	2 11:00-12:30 Adult Line Dancing Kids Arts and Crafts 5:00-5:30 p.m. 5:30-6p.m. Kids Workout	3 4:00-5:00p.m. Kids ½ Gym 5:00-6:00p.m. Kids Adventure Rm. 4:00-5:00p.m. Teen Fitness	Basketball Games in gym 11:00-3:00 p.m. Only Fitness Room will be open 11:00-4:00
5	6	7	8	9	10	11
Closed	Senior Fitness 10:30-11:30 a.m. Kids Arts and Crafts 5:00-6:00p.m. Adult Basketball 6:00-8:00p.m.	4:30-5:30 p.m. Kids Game Room Tournaments 5:30-6:00p.m. Kids Stretching Class Teen/Adult 30 min Abs AND Mixed Fit 6:30-8:00p.m.	Senior Fitness 10:30-11:30 a.m. Kids Gym 4:30-5:30 5:30-6:30 p.m. Adult Line Dancing 5:30-8:30 p.m. Teens Gym Games	11:00-12:30 p.m. Adult Line Dancing 5:00-7:00 p.m. Family Karaoke 5:30-6p.m. Kids Workout	4:00-5:00 p.m. Kids ½ Gym 5:00-6:00p.m. Kids Adventure Rm. 4:00-5:00p.m. Teen Fitness	Basketball Games in gym 11:00-3:00 p.m. Only Fitness Room will be open 11:00-4:00
12	13	14	15	16	17	18
Closed	Senior Fitness 10:30-11:30 a.m. Kids Arts and Crafts 5:00-6:00p.m. Adult Basketball 6:00-8:00p.m.	4:30-5:30 p.m. Kids Game Room Tournaments 5:30-6:00p.m. Kids Stretching Class Teen/Adult 30 min Abs AND Mixed Fit 6:30-8:00p.m.	Senior Fitness 10:30-11:30 a.m. Kids Gym 4:30-5:30 5:30-6:30 p.m. Adult Line Dancing 5:30-8:30 p.m. Teens Gym Games	11:00-12:30 p.m. Adult Line Dancing 5:30-6p.m. Kids Workout 6p.m. Adult Spades/ Dominos Night	4:00-5:00 p.m. Kids ½ Gym 5:00-6:00p.m. Kids Adventure Rm. 4:00-5:00p.m. Teen Fitness	Basketball Games in gym 11:00-3:00 p.m. Only Fitness Room will be open 11:00-4:00
19	20	21	22	23	24	25
Closed	Closed for Presidents Day	4:30-5:30 p.m. Kids Game Room Tournaments 5:30-6:00p.m. Kids Stretching Class Teen/Adult 30 min Abs AND Mixed Fit 6:30-8:00p.m.	Senior Fitness 10:30-11:30 a.m. Kids Gym 4:30-5:30 5:30-6:30 p.m. Adult Line Dancing 5:30-8:30 p.m. Teens Gym Games	11:00-12:30 p.m. Adult Line Dancing 5:30-6p.m. Kids Workout 7:00 p.m. Teen Talk 5:00-7:00 Family Rock Climbing	5:30p.m. Tribute to Black History 6:00-8:00 p.m. Teen/Adult Bootcamp Fitness EXPO	Basketball Games in gym 11:00-3:00 p.m. Only Fitness Room will be open 11:00-4:00
26	27	28				
Closed	Senior Fitness 10:30-11:30 a.m. Kids Arts and Crafts 5:00-6:00p.m. Adult Basketball 6:00-8:00p.m.	4:30-5:30 p.m. Kids Game Room Tournaments 5:30-6:00p.m. Kids Stretching Class Teen/Adult 30 min Abs AND Mixed Fit 6:30-8:00p.m.				